

PROCESSED PRODUCTS

Asparagus racemosus (Satawar) Jam

Name of the Institute	Brief Description	Photographs
KVK Gumla ICAR-ATARI Patna	Satawar has good medicinal properties like anti-oxidant, anti-aging, promotes reproductive health, rich on folic acid and Vitamin K. In Gumla District, Satawar is locally available in large amount but there was no work on value addition of Satawar was taken place. The technology of jam includes: Satawar Pulp: 1 kg Sugar : 750 g Water : 500 ml Pectin: 12 gm Citric Acid: 5 gm The Satawar jam is good for health and it is considered as a good enterprise for the SHGs. Registration of Food Processing Unit of Vikas Bharti Bishunpur has been done with the name of Vikas Mahila Swalamban Nyas under FSSAI. About 10 to 15 quintals of Satawar Jam are manufactured every year by the organization. The jam is packed in 200 and 500g glass bottles and labelling are done properly and price of Rs.200 per Kg. The packed products are sold across the state with the help of grocery shops, SHGs and outlets of Vikas Bharti.	  